

How can we help?

Livewell Counselling Service is a team of highly qualified and experienced counsellors available to help people in the Chorley and South Ribble area change how they feel and live.

We welcome calls from anyone wishing to discuss how counselling might help them. No referral is required - just ask. New clients will be offered an initial 30 minutes session free of charge.



What is Counselling?

Our counsellors have experience dealing with issues such as:

Depression, Anxiety, Stress, Bereavement, Loss, Self-harming, Bullying, Abuse, Trauma.

We help explore what is really going on inside, so that painful or emotional issues can be worked through and resolved.

"Tracy is a brilliant counsellor. She found every opportunity to give reassurance and praise where I simply could not see it. She has helped me to open my eyes about my current situation and see golden opportunities. She has given me the priceless skills to find them for myself regardless of what the situation is. I cannot thank her enough."

Client, Chorley



Counselling changes lives

"I was made to feel comfortable when I was going through a difficult time and the sessions supported me back into work"

It provides a safe and confidential space for you to talk to a trained professional about your issues and concerns.

We can help you explore your thoughts, feelings and behaviours so you can develop a better understanding of yourself and others.



Every year thousands of people across the UK suffer in silence. The hardest part can be picking up the phone.



Clients typically have one appointment per week, which can be either during the day or in the evening. If you require more than one hour per week, this can be arranged.



All counsellors at Livewell Counselling Service are members of the British Association of Counselling and Psychotherapy (BACP) and are bound to abide by their Ethical Framework for Good Practice.



The service is available for you. Call us now.

www.livewellcounselling.co.uk

Tel: 07837 771872

enquiries@livewellcounselling.co.uk

Confidentiality is vital to a good client/counsellor relationship. All personally identifiable and sensitive information is kept securely and protected from unauthorised access or disclosure in keeping with the Data Protection Act 1998.

Designed by Primary Graphics

Experienced counsellors to help in the Chorley and South Ribble Area

